

## Week 11

### **HOW TO STUDY MORE EFFECTIVELY (Online)**

*Is studying for your classes driving you crazy?* 

Learn some effective study techniques along with some helpful tips for overcoming procrastination, so you can get the most out of your study time.

- Tuesday 11/8/2022 11:00 am Let's Get Started: Organization and Procrastination https://bit.ly/StudentDevWorkshop
- Wednesday 11/9/2022 11:00 am Set Priorities, Make Goals and Avoid Distraction https://cccd-edu.zoom.us/j/83161798815
- Thursday 11/10/2022 11:00 am Study Strategies and Techniques https://cccd-edu.zoom.us/j/83161798815

#### Time Management Tips (On Campus C&L 109)

*Never have enough time for studying?* 

Learn how you can balance work, college, and family obligations with strategies for scheduling and goal setting.

- Tuesday 11/8/2022 12:00 pm How to Be More Efficient with Your Time
- Wednesday 11/9/2022 12:00 pm Setting Goals and Avoiding Procrastination
- Thursday 11/10/2022 12:00 pm Strategies, PLRS system and Rewards

### Week 12

#### **Time Management Tips**

*Never have enough time for studying?* 

Learn how you can balance work, college, and family obligations with strategies for scheduling and goal setting.

- Tuesday 11/15/2022 11:00 am How to Be More Efficient with Your Time
- Wednesday 11/16/2022 11:00 am Setting Goals and Avoiding Procrastination
- Thursday 11/17/2022 11:00 am Strategies, PLRS system and Rewards

#### **TAKING BETTER NOTES (On Campus C&L 109)**

Messy notes? Not sure what to write down? Writing everything down?

Explore different techniques, apps, and strategies for taking better, more efficient notes.

- Tuesday, 11/15/2022 12:00 pm A Refresher/Getting Started(https://bit.ly/StudentDevWorkshop)
- Wednesday, 11/16/2022 12:00 pm Tips & Styles https://cccd-edu.zoom.us/j/83161798815
- Thursday, 11/17/2022 12:00 pm There's an App for That <a href="https://cccd-edu.zoom.us/j/83161798815">https://cccd-edu.zoom.us/j/83161798815</a>

## Week 13

No events...short week.

#### Week 14

### **Test Prep (Online)**

Learn how to gather study materials and set a study schedule. Find out about common test errors and how to avoid them.

- Tuesday, 11/29/2022 11:00 am Prep Strategies(<a href="https://bit.ly/StudentDevWorkshop">https://bit.ly/StudentDevWorkshop</a>)
- Wednesday, 11/30/2022 11:00 am Gathering Scheduling and Goals https://cccd-edu.zoom.us/j/83161798815
- Thursday, 12/1/2022 11:00 am Common Test Errors https://cccd-edu.zoom.us/i/83161798815

#### **MANAGING TEST ANXIETY (On Campus C&L 109)**

Midterms are just around the corner!

Learn how to prepare for your midterm exams and strategies for managing test anxiety.

- Tuesday 11/29/2022 12:00 pm Finding Your Confidence
- Wednesday 11/30/2022 12:00 pm Prep Is the Best Cure for Anxiety
- Thursday 12/1/2022 12:00 pm Controlling Your Anxiety

## Week 15

## **MANAGING TEST ANXIETY (Online)**

Midterms are just around the corner!

Learn how to prepare for your midterm exams and strategies for managing test anxiety.

- Tuesday 12/6/2022 11:00 am Finding Your Confidence (https://bit.ly/StudentDevWorkshop)
- Wednesday 12/7/2022 11:00 am Prep Is the Best Cure for Anxiety https://cccd-edu.zoom.us/j/83161798815
- Thursday 12/8/2022 11:00 am Controlling Your Anxiety <a href="https://cccd-edu.zoom.us/j/83161798815">https://cccd-edu.zoom.us/j/83161798815</a>

#### Test Prep (On Campus C&L 109)

Learn how to gather study materials and set a study schedule. Find out about common test errors and how to avoid them.

- Tuesday, 12/6/2022 12:00 pm Prep Strategies
- Wednesday, 12/7/2022 12:00 pm Gathering Scheduling and Goals
- Thursday, 12/8/2022 12:00 pm Common Test Errors

# Week 16

No workshops during Finals Week.

#### Week 1

No events.

# Week 2

### **TAKING BETTER NOTES (On Campus C&L 109)**

Messy notes? Not sure what to write down? Writing everything down?

Explore different techniques, apps, and strategies for taking better, more efficient notes.

- Tuesday, 9/6/2022 12:00 pm A Refresher/Getting Started
- Wednesday, 9/7/2022 11:00 am Tips & Styles
- Thursday, 9/8/2022 12:00 pm There's an App for That

## Week 3

### HOW TO STUDY MORE EFFECTIVELY (Zoom https://cccd-edu.zoom.us/j/81598505567)

Is studying for your classes driving you crazy?

Learn some effective study techniques along with some helpful tips for overcoming procrastination, so you can get the most out of your study time.

- Tuesday 9/13/2022 11:00 am Let's Get Started: Organization and Procrastination
- Wednesday 9/14/2022 11:00 am Set Priorities, Make Goals and Avoid Distraction
- Thursday 9/15/2022 11:00 am Study Strategies and Techniques

#### Time Management Tips (On Campus C&L 109)

Never have enough time for studying?

Learn how you can balance work, college, and family obligations with strategies for scheduling and goal setting.

- Tuesday 9/13/2022 12:00 pm How to Be More Efficient with Your Time
- Wednesday 9/14/2022 12:00 pm Setting Goals and Avoiding Procrastination
- Thursday 9/15/2022 12:00 pm Strategies, PLRS system and Rewards

## Week 4

#### Time Management Tips (Zoom https://cccd-edu.zoom.us/i/81598505567)

Never have enough time for studying?

Learn how you can balance work, college, and family obligations with strategies for scheduling and goal setting.

- Tuesday 9/20/2022 11:00 am How to Be More Efficient with Your Time
- Wednesday 9/21/2022 11:00 am Setting Goals and Avoiding Procrastination
- ◆ Thursday 9/22/2022 11:00 am Strategies, PLRS system and Rewards

#### **HOW TO STUDY MORE EFFECTIVELY (On Campus C&L 109)**

Is studying for your classes driving you crazy?

Learn some effective study techniques along with some helpful tips for overcoming procrastination, so you can get the most out of your study time.

- Tuesday 9/20/2022 12:00 pm Let's Get Started: Organization and Procrastination
- Wednesday 9/21/2022 12:00 pm Set Priorities, Make Goals and Avoid Distraction
- Thursday 9/22/2022 12:00 pm Study Strategies and Techniques

## Week 5

#### TAKING BETTER NOTES (On Campus C&L 109)

Messy notes? Not sure what to write down? Writing everything down?

Explore different techniques, apps, and strategies for taking better, more efficient notes.

- Tuesday, 9/27/2022 12:00 pm A Refresher/Getting Started
- Wednesday, 9/28/2022 12:00 pm Tips & Styles
- Thursday, 9/29/2022 12:00 pm There's an App for That

#### Week 6

Test Prep (Zoom Link - https://bit.ly/StudentDevWorkshop)

Learn how to gather study materials and set a study schedule. Find out about common test errors and how to avoid them.

- Tuesday, 10/4/2022 11:00 am Prep Strategies
- Wednesday, 10/5/2022 11:00 am Gathering Scheduling and Goals

Thursday, 10/6/2022 11:00 am — Common Test Errors

#### **MANAGING TEST ANXIETY (On Campus C&L 109)**

Midterms are just around the corner!

Learn how to prepare for your midterm exams and strategies for managing test anxiety.

- Tuesday 10/4/2022 12:00 pm Finding Your Confidence
- ◆ Wednesday 10/5/2022 12:00 pm Prep Is the Best Cure for Anxiety
- Thursday 10/6/2022 12:00 pm Controlling Your Anxiety

## Week 7

MANAGING TEST ANXIETY (Zoom Link - https://bit.ly/StudentDevWorkshop)

Midterms are just around the corner!

Learn how to prepare for your midterm exams and strategies for managing test anxiety.

- ◆ Tuesday 10/11/2022 11:00 am Finding Your Confidence
- Wednesday 10/12/2022 11:00 am Prep Is the Best Cure for Anxiety
- ◆ Thursday 10/13/2022 11:00 am Controlling Your Anxiety

#### Test Prep (On Campus C&L 109)

Learn how to gather study materials and set a study schedule. Find out about common test errors and how to avoid them.

- Tuesday, 10/11/2022 12:00 pm Prep Strategies
- Wednesday, 10/12/2022 12:00 pm Gathering Scheduling and Goals
- ◆ Thursday, 10/13/2022 12:00 pm Common Test Errors

## **Midterms Week 8**

No events.

# **Midterms Week 9**

No events.

## Week 10

### **TAKING BETTER NOTES (Online)**

Messy notes? Not sure what to write down? Writing everything down?

Explore different techniques, apps, and strategies for taking better, more efficient notes.

- Tuesday, 11/1/2022 11:00 am A Refresher/Getting Started (https://bit.ly/StudentDevWorkshop)
- Wednesday, 11/2/2022 11:00 am Tips & Styles https://cccd-edu.zoom.us/j/83161798815
- Thursday, 11/3/2022 11:00 am There's an App for That https://cccd-edu.zoom.us/j/83161798815

#### **HOW TO STUDY MORE EFFECTIVELY (On Campus C&L 109)**

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Learn some effective study techniques along with some helpful tips for overcoming procrastination, so you can get the most out of your study time.

- ◆ Tuesday 11/1/2022 12:00 pm Let's Get Started: Organization and Procrastination
- Wednesday 11/2/2022 12:00 pm Set Priorities, Make Goals and Avoid Distraction
- ◆ Thursday 11/3/2022 12:00 pm Study Strategies and Techniques